

# Zoom Class Timetable April 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.30am-11am Yoga for All Anne		9.30am Yoga for All Anne	9.30am-10.30am Pilates Yvonne	9.30am-11am Yoga for All Nic		
	10.30am-11.30pm MindfulMovement Anne					
11.30am-1pm Yoga for All Anne						
			4pm-5pm Mindful Movement Anne			
6pm – 7.30pm Yoga for All Anne	5.30pm-6.30pm Pilates Yvonne	5.30pm-7pm Yoga for All Anne	5.30pm-7pm Yoga for All Yvonne	5.30pm-6.30pm Yin Yoga with Nic		5pm-6pm Flow & Reset Cat
	7pm-8.30pm Yoga for All Yvonne					

**Class times may change and new classes may be added.  
Check the website, booking page for current information  
[www.dronfielddyoga.co.uk](http://www.dronfielddyoga.co.uk)**