We are delighted to host classes taught by Yolande Swift (yoga) and Claire Sanderson (Pilates) and Rebecca Wraith (yoga)

To find out more about their classes please contact them directly:

Yolande Swift:

web site: http://www.yogaindronfield.co.uk

email: yolande.swift@hotmail.co.uk

phone: 0114 2899200 mobile: 07793 607197

Claire Sanderson: mobile: 07966 401358

Rebecca Wraith: mobile: 07305329992